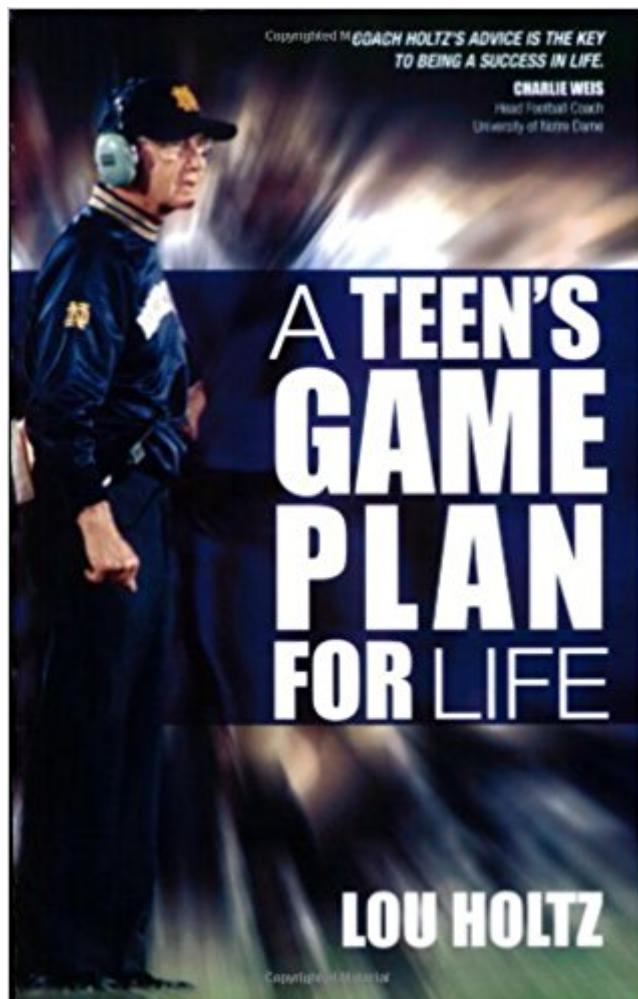


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# A Teen's Game Plan For Life



## **Synopsis**

After decades of helping to mold teenagers into adults as a highly successful football coach, including a national championship as the coach of the Notre Dame Fighting Irish, Lou Holtz shares a common sense message with teens in an easily understood game plan for life. He speaks clearly and persuasively to a generation that is "being asked to make important decisions that have adult consequences earlier than any previous generation." "In today's social climate," he tells them, "your ability to know how to make good decisions becomes more important than ever before." Lou Holtz is a highly sought-after speaker and author who for years has challenged and motivated adults. Now in a book that parents will want for their teen-age children he spells out his tested, proven game plan for life. Teens that want to define their life goals and then go about reaching them will want to read **A TEEN'S GAME PLAN FOR LIFE.**

## **Book Information**

Paperback: 128 pages

Publisher: Sorin Books; Revised edition (September 1, 2007)

Language: English

ISBN-10: 193349509X

ISBN-13: 978-1933495095

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 30 customer reviews

Best Sellers Rank: #332,410 in Books (See Top 100 in Books) #62 in Books > Teens > Education & Reference > Social Science > Psychology #565 in Books > Books > Parenting & Relationships > Parenting > Teenagers #6242 in Books > Self-Help > Personal Transformation

## **Customer Reviews**

Grade 6 Up-A motivational title by a highly successful and much-publicized college football coach. In a breezy style, the author stresses his commitment to excellence, loyalty, clean living habits, and a belief in God. Holtz discusses having a positive attitude, being self-disciplined, setting and understanding goals, etc. He tells many stories regarding his life on and off the football field, but some of them fail to make his points. In one case, he describes how as a teen he urged a close friend to undertake a potentially dangerous swim; the anecdote is neither appropriate nor amusing. Halfway through the book, the narrative begins to ramble. Black-and-white photos of athletes, the author, and his family are often unfocused and grainy. The appendix is devoted to Holtz's

accomplishments, which are a tribute to his determination.Libby K. White, Jewish Vocational Services, Baltimore, MDCopyright 2003 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"How I wish I could start over again - this time with this book as my guide. Nobody explains the reasons for success and defeat better than Lou Holtz. I don't care how old you are. This book can change your life." --This text refers to an out of print or unavailable edition of this title.

Gift for my teenage daughter. Purchased a copy years ago for my son when he was in high school. Now a junior in college. He advised it was a good read and some great advice from Coach Holtz.

Bought the book for my grandson that received a football scholarship to LA Tech which is coached by Lou Holtz's son, Skip Holtz. Book is a quick read with a positive message for all ages. Highly recommend it.

Received this book as a gift. My son enjoyed it so much that he purchased two more for friends.

I was looking for a book that could help my son get excited about his future and help him see his potential, and make up his mind for any possible career. This book is easy to read, fun, with real life stories that speak directly to the heart of a young person, mainly for teenagers who love football.

Lou Holtz's optimistic perspective for promoting successful student athletes is presented in an inspiring and humorous quick read. Don't even break out the highlighter for this book; each chapter and every character building message carries powerful strategies to help student athletes capture the essence of the why's and how's to be a successful person in school, on the playing field, at the workplace, and within our communities! This is a must read for parents and educators interested in promoting strong character for today's adolescents and, in turn, strong leaders for future generations!

Gave this book to some of my players and they seemed to like it. Had another coach read it and he's buying some for his leaders.

Every parent and teenager should read this book.

Every child in the third grade should read this. Read again every year or whenever they think they are bored.

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